

Organised by the Kent & Medway Learning Disability & Autism Community of Practice. For more information email [r.germaine@nhs.net](mailto:r.germaine@nhs.net)

# Learning Disability & Autism: Working Together to Improve Practice

A face-to-face learning event



16 July 2026



Medway Campus, Canterbury Christ Church University



13:00–16:00



Free to attend **LIMITED PLACES — BOOK EARLY**

## A participatory, interactive learning event for all health and care staff working with autistic people and people with learning disabilities.

Whether this is your main role or part of your wider work, you are warmly invited.

This event is especially suitable for people who prefer learning in person, or who haven't been able to join the online Community of Practice.

### Why come?

Staff across Kent & Medway have told us they want:

- Space to think together
- Practical tools they can use straight away
- Real examples from lived experience
- Time to reflect on what helps and what harms
- Connection with others doing similar work
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**This day brings all of that together.**

### What to expect

This is not a conference. It is a hands-on, participatory learning space where we will:

- Explore real situations from practice
- Learn with and from people with lived experience
- Understand what builds trust — and what breaks it
- Share approaches across health and social care
- Identify small, meaningful changes for everyday practice

### You will leave with:

- ✓ Practical insights
- ✓ New connections
- ✓ A clearer sense of what matters to autistic people, people with learning disabilities, and families
- ✓ Ideas to take back to your team the next day

### Who is this for?

Staff working in health or social care who supports autistic people, people with learning disabilities, or people who may not have a formal diagnosis but need adapted support whether LDA is your main role or part of your wider work.

### Practical information

**Accessibility:** The venue is step-free. Limited parking is available on site for those who need it — full parking and travel details will be sent on booking.

**Refreshments:** Light refreshments are available throughout the day. There is a canteen on site.

**What to bring:** Just yourself and an openness to reflect.

**CPD:** This event can be recorded in your own CPD log as participatory learning.

## Reserve your place

Places are limited; early booking is recommended.

[Learning Disability and Autism Learning event Booking Form](#)