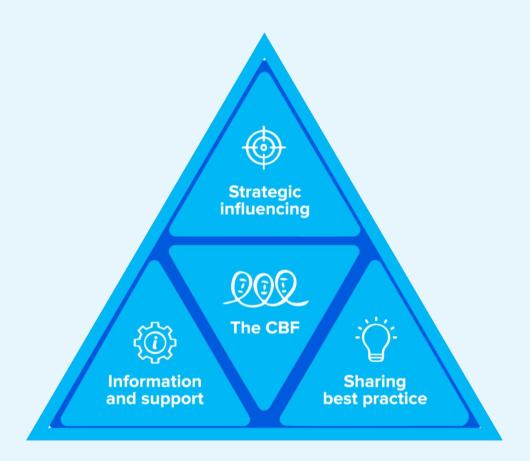


### **Forward Together**

Improving the lives of people with severe or profound learning disabilities and behaviours that challenge, and their families, by building regional networks

Taylor Anderson – Project Lead Polly Somervell – Family Carer Project Worker and Transition Sub-Group Co-Chair

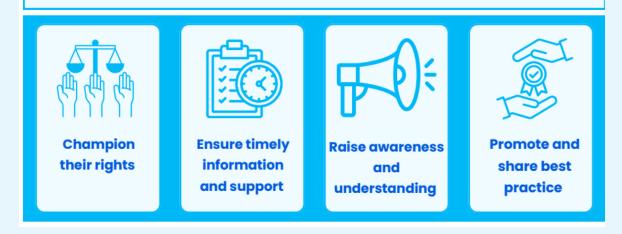
www.challengingbehaviourfoundation.c forwardtogether@thecbf.org.uk ©The CBF making a difference to the lives of people with severe learning disabilities





**Our vision** is for all people with severe learning disabilities, whose behaviour challenges, to have the right support and opportunities to live full and active lives.

Our **mission** is to make a difference to the lives of people with severe learning disabilities, whose behaviour challenges, and their families, working together to:







# Why was the Challenging Behaviour Foundation founded?

Vivien Cooper, Family Carer and Founder of the CBF

## Forward Together Project

- Working in three regions of England with a family carer project worker recruited to each area.
- Setting up multi-stakeholder regional networks in each area and facilitating 2 meetings (community of practices) per year.



- Supporting increased engagement of families and service providers at a local level to share training, best practice and generate sustainable relationships for future work.
- Raising awareness of local area issues to our National Strategy Group.
- Increasing engagement of families across our 4 key communities to ensure they have access to targeted information and support and are connected into local and national networks.











Aims:	So that
Build local partnerships to support increased engagement of families and service providers at a local level to share best practice and generate sustainable networks for future work.	<ul> <li>Families feel less isolated and better connected</li> <li>Families feel more listened to and confident</li> <li>Families feel better informed about where to seek support</li> </ul>
Support national partnerships to escalate key issues and increase coordination of a national picture with which to effect change in policy and practice.	<ul> <li>Regional network members feel better informed and more confident about what good looks like, learning from family-carers and other areas</li> <li>Professionals feel better informed about the support needs of families in their area.</li> </ul>
Increase engagement of families across the charity's 4 key communities to ensure they have access to targeted information and support and are connected in to local and national networks.	<ul> <li>Professionals engage with families not usually heard, to be able to plan ahead and avoid crisis; especially in respect of older family carers.</li> <li>Professionals improve delivery, accessibility and quality of services</li> </ul>



# Regional Network and Community of Practice Events

#### **Regional Networks**

- Connecting family carers and professionals in each region, sharing resources and good practice, connecting into peer support.
- 115 members in Kent and Medway

#### **Community of Practice events**

- 2 meetings per year
- Bringing together family carers and professionals to identify local issues, work together to overcome challenges and identify key themes to feed into national influencing at the CBF











### **Regional Network**

Forward Together Regional Network Sign-up - Family Carers



Forward Together Regional
Network Sign-up - Professionals





### **Kent and Medway Learning**

#### Four Communities of Families:

- 1. Early Years
- 2. Transition to Adulthood
- 3. Older Family Carers
- 4. People in crisis or at risk of crisis

#### **Discussed:**

- What's working well?
- What could be better?
- What actions are needed?

### Key Themes of actions to take forward:

- Information sharing
- Joint approaches
- Improved working systems with families
- Case studies and good practice examples
- Peer support



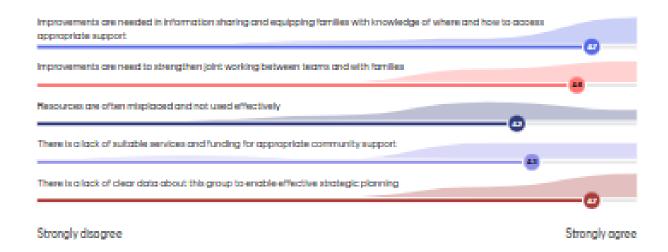




Join at menticom | use code 6983/3609

Montimeter

Do these initial findings feel familiar to you in your experience as either a professional or a family carer?





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Mentimeter

In your experience as either a professional or a family carer, what do you think the biggest challenge is for this group based on our initial findings

There is a lack of suitable services and funding for appropriate community support

There is a lack of clear data about this group to enable effective strategic planning

2.

Improvements are needed in information sharing and equipping families with knowledg...

3.

Resources are often misplaced and not used effectively

4.

Improvements are need to strengthen joint working between teams and with families

5.



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## Influencing and driving change

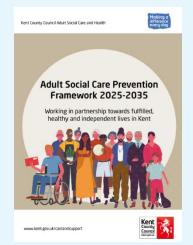
#### **Local Influencing Opportunities:**

- Workshop delivery
- Kent and Medway Learning Disability and Autism Strategy
- Adult Social Care Prevention Framework (KCC)

#### **CBF National Influencing:**

- Challenging Behaviour National Strategy Group
- Consultation Responses
- Influencing government departments and key stakeholders







### Transition Campaign - End The Cliff Edge

We are calling on Government to:

- 1. Implement a national, cross-departmental plan
- 2. Introduce a named transition coordinator for every young person
- 3. Amend the Care Act 2014 so transition planning begins from age 14



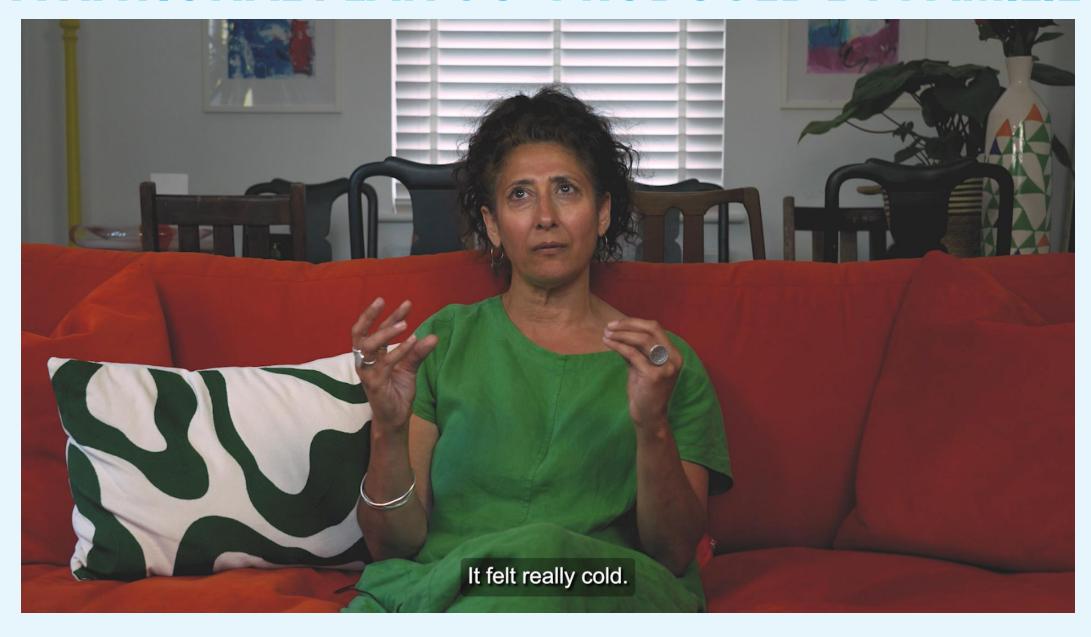








### 1. A NATIONAL PLAN CO-PRODUCED BY FAMILIES



### 2. A NAMED TRANSITION COORDINATOR



### 3. A STATUTORY AGE OF 14 FOR TRANSITION PLANNING



# **Next Steps & Questions**



- Join the regional network and share with families and professionals that you support and work with
- Upcoming Kent and Medway Community of Practice Events (Find out and have your say):
  - Medway (2<sup>nd</sup> February TBC)
  - Kent (12<sup>th</sup> February TBC)
- Feed learning and key themes into the Spring CB-NSG and Learning Disability Professional Senate meetings
- Get involved in CB-NSG:
  - Attending upcoming CB-NSG meeting (Thursday 27<sup>th</sup> November 10am-2:30pm via zoom)
  - Becoming an associate member
  - Email <u>daisy.fry@thecbf.org.uk</u> in relation to CB-NSG



Suggestions for how we can utilise upcoming events to have the most impact in the area for this group (what would you find useful at an event)

signposting to support

maximise no of families link with providers

sharing ideas engage education provider

connectfamilieslongterm

link with commissioners building networks

time to listen diverse family groups whet protect help desired needs

everything you are doing mdt experiences eg rnlds

timing

oliver mcgowan training

toolkit re partnerships link with sibs maybe

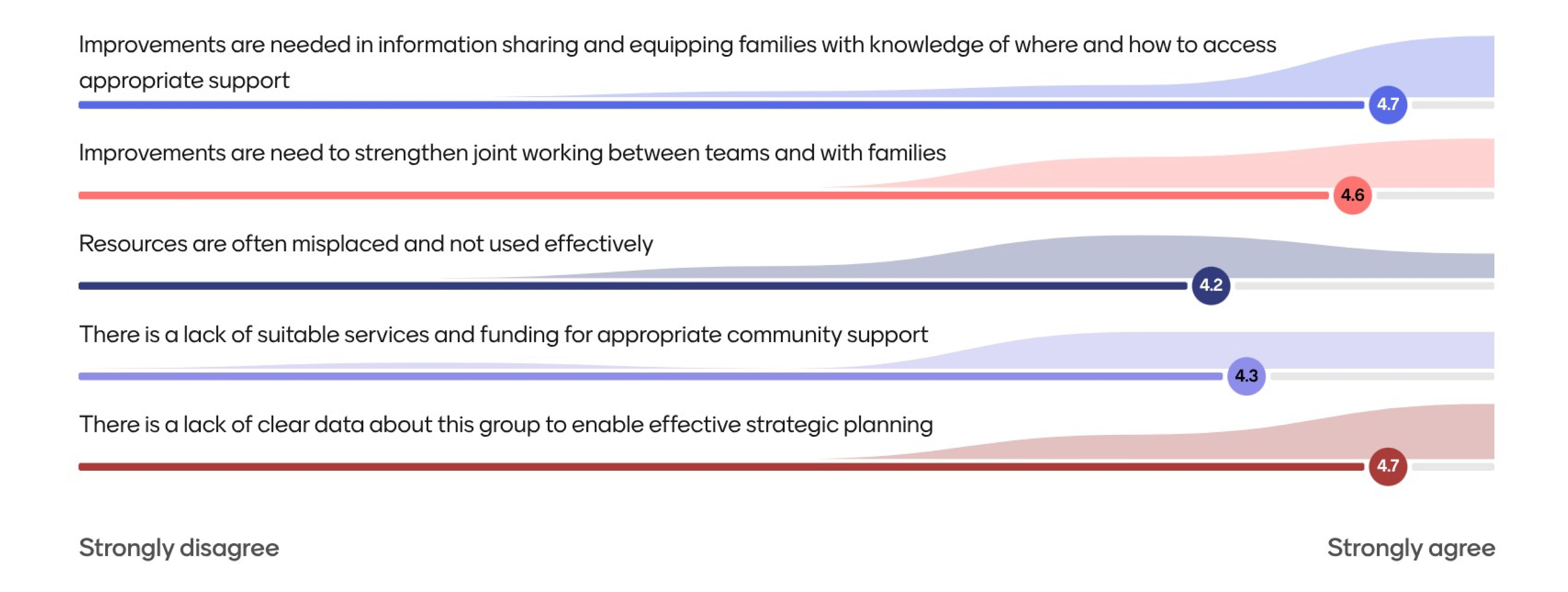




### forwardtogether@thecbf.org.uk

www.challengingbehaviour.org.uk

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mdt experiences eg rnlds

signposting to support maximise no of families

social media engage education provider

link with commissioners connectfamilies long term time to listen

sharing ideas building networks link with providers

timing diverse family groups explore workforce needs

everything you are doing

oliver mcgowan training

toolkit re partnerships link with sibs maybe

what are the barriers



