

My career at Mencap



mencap

Learning disability



mencap

What we want and need



mencap

My Experiences



mencap

Ciara's Pink Sparkle Podcast!



mencap

My podcast can be found on
[@applepodcasts](#) &
[@spotifyuk](#)

**Ciara's Pink Sparkle
Pod!**

 Spotify

More platforms

I'm Ciara & I have a learning disability. My podcast is helping to change attitudes on learning disability with pink sparkle & VIP interviews!

[@ciara.lawrence](#)

Thank you and do you have any questions?



mencap