

Working Together to Make a Video About Bowel Checks

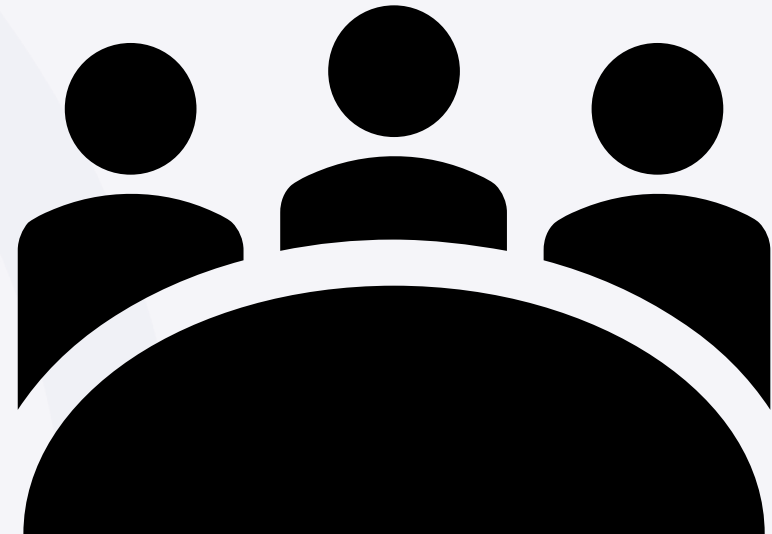
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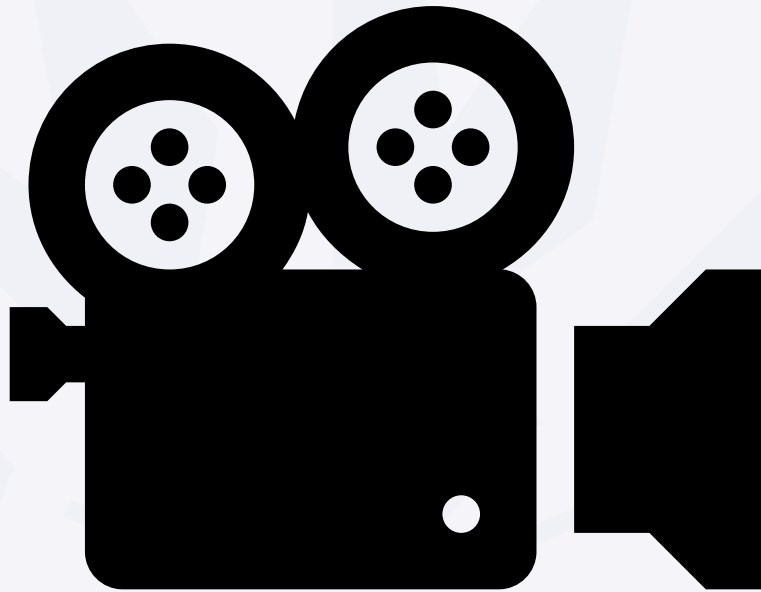
University of Greenwich (London)

Working with a Group

- For the past one and a half years, I've worked with Bexley Mencap in Bexleyheath.
- This is a group of people with learning disabilities who advocate for themselves.
- We have met several times, to talk about their ideas about how people with learning disabilities can be healthier.

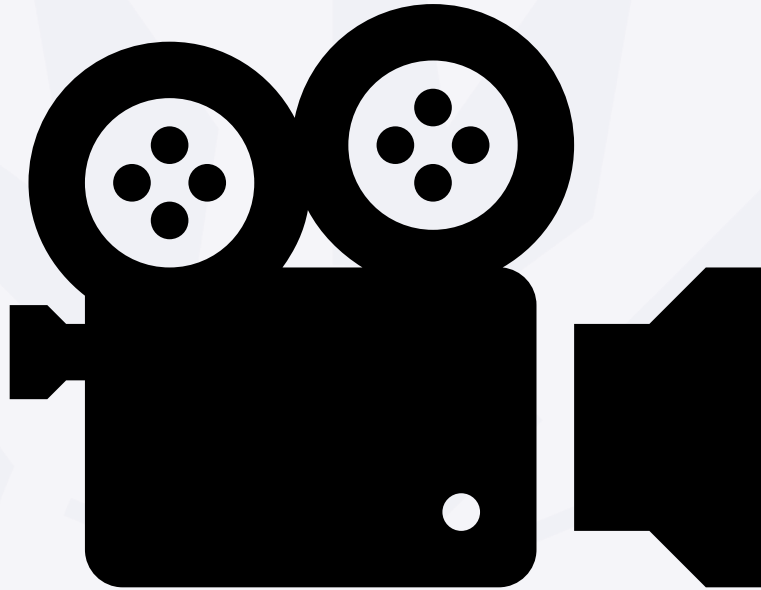


Making a Video



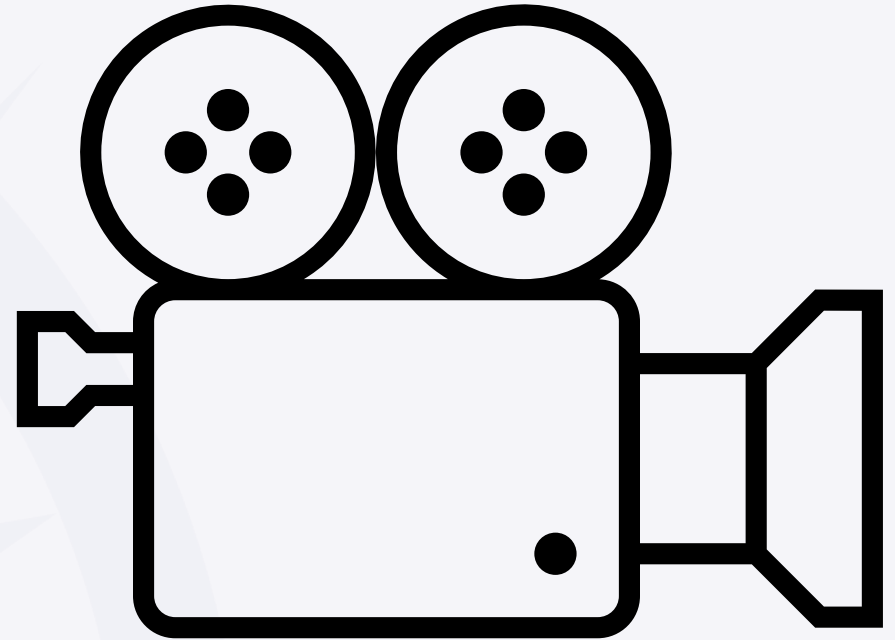
- Some of the group members suggested making a video about bowel screening.
- This is because not everyone who needs a bowel kit does this.
- There are many reasons why someone wouldn't do a bowel kit.

Making a Video



- In May and June this year, we met to talk about what would go in the video on bowel screening.
- Once we agreed what would go in the video, we met in July this to film the video.
- We finished the video in July this year.

**Here's our
video!**



What we learned

- Making the video was a bit hard, but both me and the self-advocates I worked with learned a lot.
- We want to share this video to encourage other people to get bowel screening.
- In the future, we would like to make more videos about different health topics.



Thank you!

- The members of the Friday Respect group at Bexley Mencap.
- Jane Menzies and Steve Grimsey (staff at Bexley Mencap).
- Sarah Haddou (the research assistant who edited the video).
- The University of Greenwich (for giving funds to create the video)