



Flyer for potential participants (Delphi Study)

(Version 1.0 Date 09.10.2024)

Study Title: Factors associated with optimising psychotropic deprescribing in people with intellectual disabilities: a Delphi exercise

Investigator: Danielle Adams

I am a doctoral researcher at the Centre for Research in Intellectual and Developmental Disabilities (CIDD), University of Warwick. I am conducting a Delphi study to identify key facilitators of the psychotropic deprescribing process in people with intellectual disabilities.

We are seeking healthcare and social care professionals in the UK, both prescribers and non-prescribers, who work within multidisciplinary teams supporting individuals with intellectual disabilities. Non-prescribers contribute throughout the deprescribing process by supporting with psychological or behavioural concerns and providing advice.

Participation in the study involves completing brief questionnaires to rate factors related to psychotropic deprescribing. You will be asked to re-rate statements in up to three rounds until consensus is reached. Each questionnaire takes about 20 minutes, with a 2-week response window.

If you are interested, please email me at the address below. We are particularly keen to hear from learning disability nurses, speech and language therapists, dieticians, OTs, physios, arts therapists, behaviour analysts, psychologists, psychotherapists, support workers and social workers.

Thank you for your time and consideration.

Danielle Adams

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