

Sharing our views on leading healthier, safe, fulfilled lives

Who are we?



Introducing

- Leanne Yeo Chair Person
- Michael McLachlan Co Chair
- Matthew Leadbeater member
 - Helen Guest Secretary on the Board



Who we are





 The Pro Active Community has been a charity in its own right, since 2020

• We are a group led by adults with experience of living with disability

 We are currently supported by Active Prospects, another care charity based in Surrey.

 They help us with campaigns, managing our meetings and to fund raise



What we do



• We meet in person twice a month

We lead on co-production projects

 We have led on regional and national health or awareness projects

• We are Experts with Experience and would like to grow our membership across other providers



Person

Knowledge

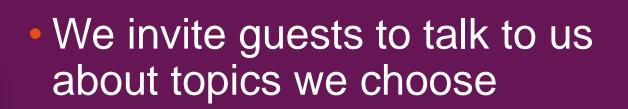
Specification

What we do

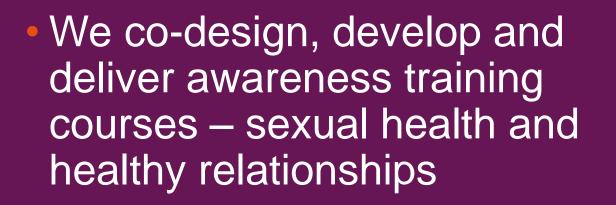
Health and Care

Act





 We work on national Health and wellbeing research projects



 We share our success with other support providers



What we do



 Quality checking will continue for care and support providers

 It is important people are supported to live in an environment they choose

 A good local community, a safe location, a home they feel happy and comfortable in



What we did in 2023



We highlighted the health inequalities people with Learning Disability face and difficulty seeing our GPs.

 Members made 2 awareness training videos for Surrey Heartlands clinical and medical staff



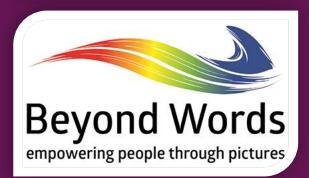
Surrey and Sussex Healthcare

We helped Surrey and Sussex Healthcare Trust (SASH) co-design their Easy Read Strategy survey



What we did in 2023







- Members joined the Surrey Coalition AGM to talk to their members about coproduction opportunities
- We are working with Books Beyond Words to trial a new publication – 'Home Safety'
- Some members joined Active Prospects to walk the 100km South Coast Challenge – exciting, rewarding and exhausting!
- Members had an amazing day in Brighton — Sealife, lunch and the i360 thanks to a grant from Barchester Healthcare Trust



What is new?



We have co-designed and produced a Disability Taxi Charter

 Peers across the Learning Disability England London Conference and from other areas of Surrey have joined this campaign for safer taxi transport and a raised awareness for hidden disability



What we plan for 2024



Continue removing the inequalities adults with disability face. Health, employment and opportunity

 We are working closely with partners to create video and easy read materials for learning disability with the following topics

Cost of living

- Health and wellbeing
- Men's mental health
- How to make films professionally!

 We are hosting events such as Ready Steady Cook and Podcasts – PACpod with a grant from Voluntary Action Reigate & Banstead (VARB)





Best practice we want to share with you



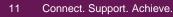


 Ask – it's always best not to guess what people need or want

 Involve – if lived experience experts are there at the beginning of ideas or services being designed, these will more likely be fit for purpose and not need adapting.

That will save money, time and more importantly have better outcomes for those using them

Co-production works, it is an equal share of power and an equal share of rights





Contact us to find out more hello@proactivecommunity.org.uk





Thank you for joining us today





CONNECT. SUPPORT. ACHIEVE.

We bring people together with special educational needs, disabilities and autism giving them a platform to get their voices heard in order to lead changes. For more information visit our website.

proactivecommunity.org.uk