



Healthy Safe and Fulfilled Lives

Kent, Surrey & Sussex Learning Disability Community of Practice Event 1st December 2023

The aims of the event are for participants to be able to:

- 1) Share collaborative initiatives for enabling people with learning disabilities to live healthy safe and fulfilled lives.
- 2) Participate in reflective groups to further develop initiatives; and
- 3) To stimulate the Community of Practice and steering group, engaging new contributors and participants

Time	What	Venue
0930-10am	Arrival, Registration & Refreshments	Café space
10am	Housekeeping & Welcome – Clare Thurgate – Head of School of Nursing, Allied and Public Health, Kingston University	Main Room
1010	Community of Practice Intro – Daniel Marsden – Canterbury Christ Church University	Main Room
1020	Thumbs up – Brighton Speakout	Main Room
1040	Cancer Screening – Genny Breau – University of Greenwich	Main Room
11am	Refreshments	Café space
1130	LeDeR 2022 Report – Staying Alive and Well Group	Main Room
12noon	Social Prescribing & Beyond Words Book Launch – Baroness Hollins	Main Room
1240	Lunch and Marketplace Beyond Words Book Club	Main Room Café space
1330	Include Choir – Alix Lewer	Main Room
1350	10 Minute Pitches 1) How experts with experience enable peers and raise awareness – Helen Guest, Leanne Yeo, Michael McLachlan, Matthew Leadbeater - Pro Active Community	Main Room

	<p>2) Learning Disability Nursing Workforce - Jonathan Beebee, Royal College of Nursing</p> <p>3) Removing the Cloak of Invisibility - Michael Fullerton, PMLD Link & Alex Starley and Rachel Harman – Campaign 4 Change)</p> <p>4) Withholding CPR from me in an emergency - do I get a say? - Ivan Olbrechts – University of Bath</p> <p>5) How can we support people with learning disabilities to think and talk about death and dying - Richard Keagan-Bull, Amanda Cresswell and Leon Jordan, Kingston University</p>	
1545	Plenary & Feedback	Main Room
1600	Close	Main Room

Accessibility

The hall is on the first floor, there is a lift. There are accessible toilet facilities and for photos & film of the [venue click here](#).

Refreshments

Refreshments will be provided. Lunch has vegan/vegetarian and gluten-free options.

Travel

Venue: Tolworth Court Sports Ground, Old Kingston Road, Tolworth, Surrey KT4 7QH
 what3words link <https://w3w.co/cakes.dust.shape>

Rail – Tolworth Rail station is within walking distance. Please be mindful of overtime ban starting on the day of the event. For more details see <https://www.londontravelwatch.org.uk/news/national-rail-strikes-2-to-8-december-2023/#:~:text=There%20will%20also%20be%20an,Chiltern%20Railways>

Car sharing – [Liftshare](#) application could help you get to the event.

ULEZ – While the Tolworth is not in a charging zone, there are zones around it. Please be mindful of potential charges for older more polluting cars, and adapt your travel plans accordingly.

Parking - There is secure, free parking at Tolworth with up to up to 100 spaces and additional parking should it be required. Please ignore any signs about permits, these will not be in force on the day

Wifi

Wifi is available in the Tolworth building. Details for this can be accessed [here](#)

Social Media

Follow us on:-

- Community of Practice website <https://ldcop.org.uk/>
- Twitter/X [@kssldcop](#) and be a part of the conference conversations by using our hashtag - **#LDCoP23**
- [Facebook](https://www.facebook.com/groups/1694201237312088) <https://www.facebook.com/groups/1694201237312088>