

Aspiring Mental Health and Learning Disabilities Leaders Leadership Programme Cohort 4

The **Florence Nightingale Foundation (FNF)** along with **NHS England (South East)** are pleased to offer a leadership programme to band 6 to 7 Mental Health and/or Learning Disabilities aspiring senior nurse leaders.

This exciting opportunity will enable you to explore and enhance your sphere of influence with authority for the benefit of your service and workforce.

This programme offers a supportive learning space to develop leadership identity, capacity, and capability to influence organisational and patient outcomes.



Leadership Programme

Overview

The Leadership programme will be undertaken over 6 months and includes:

Day 1 - Personality Preferences and Performance in Teams (Virtual)

Utilising Myer Briggs Type Indicator (MBTI) we will explore how personality preference influence personal leadership styles and how awareness can enable the promotion of high performing teams.

Day 2 - Principles and Practice of Quality Improvement (Virtual)

An introduction to QI including approaches to leading change management and measuring impact.

Day 3/4 - Stepping into your Authority (Virtual)

Development of leadership attributes which enable influence from ward to board. Specific consideration will be given to exploring the sphere of authority in relation to systems leadership and leading upwards.

Day 5 - Presentation of Self: Presence & Impact (Royal Academy of Dramatic Arts Face to Face)

Practical approaches to developing confidence and clarity in the delivery of key messages for a range of audiences including the media.

Day 6 - Action Learning (Virtual)

A facilitated Action Learning Set (ALS) focused on the implantation of the QI project. ALS will then self-organise and continue to meet through the duration of the programme.

Day 7 - Celebration event (face to face)

An opportunity to network, showcase and celebrate the impact of the programme and raise the profile of this significant speciality.

Leadership Programme Dates

- Personality Preferences and Performance in Teams (Virtual) – **22nd February 2024**
- Principles and Practice of Quality Improvement (Virtual) – **26th February 2024**
- Stepping into your Authority (Virtual) – **12th and 13th March 2024**
- Presentation of Self: Presence & Impact (Royal Academy of Dramatic Art; Face to Face at London Novotel Blackfriars) **2nd and 3rd April 2024 (one date will be allocated)**
- Action Learning Sets (Virtual) – **13th and 14th May 2024 (one date will be allocated)**
- Hand in of Quality Improvement Project– **12th June 2024**
 - ***The top 5 QI Posters will be requested to present at the celebration event***
- Celebration event (Face to Face at FNF Offices London) – **17th September 2024**

You will join the FNF alumni community and receive on-going networking and leadership development opportunities through events, webinars, media engagement and policy thought leadership.

Pre- requisites for the programme:

- Must be working as a band 6 or 7 as a learning disabilities or mental health NMC nurse registrant in the South East Region.
- Must be an aspiring senior nurse leader.
- Must be working within one of the six South East Integrated Care Systems (ICs) in the NHS (including community and primary care/ secondary care).
- Must be able to attend all study days.
- Applications must be submitted as detailed below.

Further details and application process

NHSE SE has commissioned 33 places on the Florence Nightingale Foundation (FNF) Aspiring Mental Health (MH) and Learning Disabilities (LD) nurse leadership programme.

To apply for this opportunity, please write a statement (one or two paragraphs), attached to an email as a word document, detailing the reasons for your application and the name of the manager in your organisation who is supporting your application. Please also attach your CV, which must detail your NMC registered field of nursing (MH and/or LD) (and NMC expiry date). You should also include in your email the following information:

- An alternative email address
- Role
- Band
- Trust
- Specific area of specialty
- Ethnicity (if you wish to share)

You do not need to complete an application form. **Please note this opportunity is only available for NMC Learning Disabilities and / or Mental Health Nurse Registrants.**

Please send your applications in an email to:

Yvonne Izzard (Project Support Co-ordinator, Maternity and Neonatal Programme) at:
(Yvonne.Izzard1@nhs.net)

Applications must be made by Friday 26th January 2024. We will not be able to accept late submissions. We will let you know the outcome of your application after the deadline.

If you have any questions, please direct them to Yvonne Izzard (Yvonne.Izzard1@nhs.net) and Dr Karen Harrison-White (Programme Lead – Nursing (NHSE SE)) (Karen.Harrison-White@nhs.net).