

# The Anticipatory Care Calendar A HEE KSS funded project

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## Who am I ?

- Registered Learning Disability Nurse since 1998
- Worked across a range of NHS services in Kent, working in the community since 2009.
- Developed an accidental interest in End of Life care
- Co-Chair of the Kent branch of the PCPLD network
- Developed local pilot ACC project in a small number of residential services
- HEE KSS Bid for funding successful for running a 12 month project to implement the ACC in South Kent Coast CCG.



## What is the Anticipatory Care Calendar?

- The ACC is a free resource for any social care setting supporting individuals with learning disabilities or dementia.
- This simple tool aims to improve health surveillance for adults with Learning Disabilities.
- A “traffic light system” triggers a specified response to changes in health presentation across 12 domains.
- The ACC was designed following the tragic and potentially preventable death of Robert; a young man with Down’s syndrome and Testicular cancer.



## What is the Anticipatory Care Calendar?

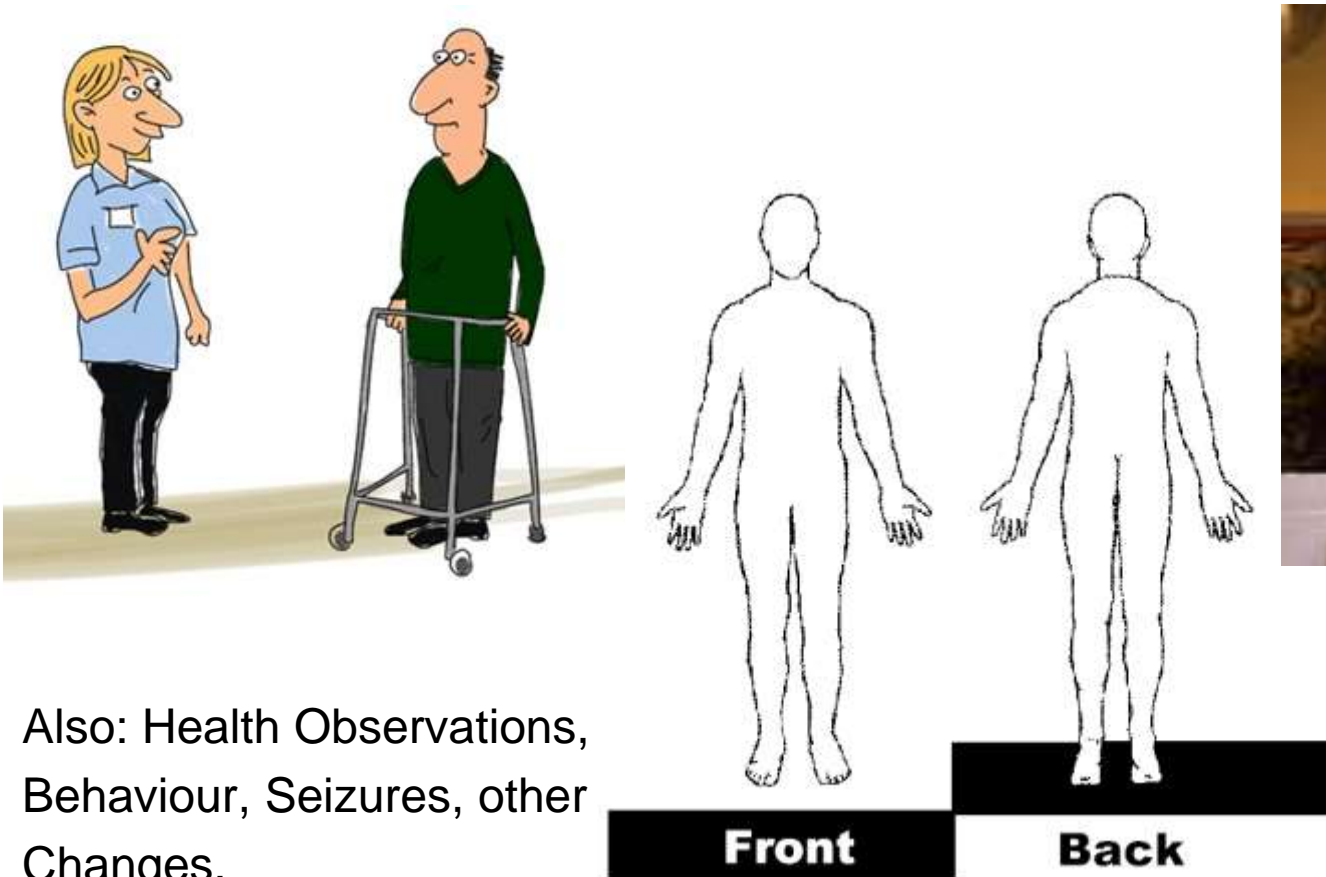
- The tool was designed in the North of England, and has been widely implemented there through a strategic health authority grant.
- With Free on line training, and local support the monthly by month Calendar can be used to review trends in health changes.
- This in turn can be used to cluster information; and to provide evidence to other health professionals



# The Anticipatory Care Calendar



# The Anticipatory Care Calendar



Also: Health Observations,  
Behaviour, Seizures, other  
Changes.



# The Anticipatory Care Calendar

The Calendar works on a “traffic light” system

Green – Normal for that person no action required

Yellow – Requires response (detailed on calendar)

Red – Requires response and manager follow up

Mobility/Falls		1	2	3	4	5	6
Refusal or unable to mobilise	AM	Red	Red	Red	Red	Red	Red
	PM	Red	Red	Red	Red	Red	Red
Changes in mobility	AM	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
	PM	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
Reoccurring falls	AM	Red	Red	Red	Red	Red	Red
	PM	Red	Red	Red	Red	Red	Red
Falls	AM	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
	PM	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
Normal activity	AM	Green	Green	Green	Green	Green	Green
	PM	Green	Green	Green	Green	Green	Green

Mobility Falls Activity	
Refuses or unable to mobilise	Check if the person is in pain: Follow the or local GP Out of hours service. If the
Changes in mobility	Check if the person is in pain: Follow the or local GP Out of hours service. If the
Re occurring falls	If an injury has occurred follow the service Team for advice and assessment
Falls	If an injury has occurred follow the service Team for advice and assessment
Normal activity	No action required





## Why use an Anticipatory Care Calendar?

- Unqualified carers may lack confidence in responding to health changes.
- Use of bank staff, part time staff, and lone working may mean health changes are lost or not followed up.
- For example – Pain relief is often only given once a day; the calendar prompts to follow this up.
- A calendar allows clear tracking of changes, with identified actions in response to those changes.





## Current and Future Developments with the ACC

- The “home” of the ACC has recently moved from Cheshire and Merseyside Cancer Care Network to the Patient Safety arm of the North West Academic Health Sciences Network.
- The E-Learning platform is changing and is in the process of being redeveloped to enable easier, free access to the training module.
- Pre and Post implementation Metrics being identified to provide clinical audit trail demonstrating benefits of ACC
- Digital Version being planned – with ability to spread ACC further and with automated data collection



## South Kent Coastal ACC Pilot Project

- HEE KSS have funded a 12 month localised pilot to introduce, and run the ACC in South Kent Coast CCG
- Locality has high density of providers and homes for people with Learning Disabilities
- Official project start 13<sup>th</sup> June 2016 !!



## South Kent Coast ACC Pilot

### Plan:

- Seek and approach interested providers
- Design “pre” metrics with NWAHSN and key provider who has indicated interest in ACC across their services.
- E-Learning platform and access to paperwork being re designed during this time of data gathering.
- Support interested providers to complete e-learning
- Support providers to implement ACC – including baseline assessments and bespoke training where required.
- Design audit tool to ensure ACC is implemented correctly.



## Thoughts and Questions

Do we risk “death by recording”? Discuss!!

Could the ACC provide a platform to support Transition for young people into Adult services – making use of the invaluable knowledge of parents to provide the baseline, and help to smooth a move away from the family home?



## Thank you for listening and participating

Please contact me if you have any questions about the Kent Pilot; or if you are interested in using the ACC I can update you as it comes back online.

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ACC Website (for information only as it is being redesigned)  
[www.anticipatorycarecalendar.org](http://www.anticipatorycarecalendar.org)

